Amendments to the Specification:

Please insert the following heading before the title:

TITLE OF THE INVENTION

Please replace the title with the following amended title:

REGULATING RECEIPT OF ELECTRONIC MAIL <u>USING A PASS LIST</u> AUTOMATICALLY GENERATED FROM OUTGOING ELECTRONIC MAIL ADDRESSES

Please insert on page 1, line 1 after the title:

CROSS-REFERENCE TO RELATED APPLICATIONS

This application claims the priority of Great Britain Patent Application Serial No. 0300912.3, filed January 15, 2003.

STATEMENT REGARDING FEDERALLY SPONSORED RESEARCH OR DEVELOPMENT

Not Applicable

INCORPORATION BY REFERENCE OF MATERIAL SUBMITTED ON A COMPACT DISC

Not Applicable

BACKGROUND OF THE INVENTION

Please insert the following heading on page 2, before line 27:

BRIEF SUMMARY OF THE INVENTION

Serial No. 10/756,907 Filed: January 14, 2004 Art Unit: 2154

Please insert the following heading on page 4, before line 26:

BRIEF DESCRIPTION OF THE SEVERAL VIEWS OF THE DRAWINGS

Please insert the following heading on page 5, before line 3:

DETAILED DESCRIPTION OF THE INVENTION